

ZGEEL Master Challenge 2024
Stedelijk zwembad Geel, 10-2-2024

Programmanr. 1
10-2-2024 - 19:30

400m vrije slag

20 jaar en ouder
Resultaten

Punten: FINA 2023

Rang	Inschr.	Tijd	Pnt
25 - 29 jaar, Heren			
1. Saeys Brian	LZV/10191/97	NT	5:28.86
50m: 1:16.00	150m: 2:37.98	250m: 350m:	350m: 5:28.86
100m: 1:16.00	200m: 2:37.98	300m: 400m:	400m: 5:28.86
25 - 29 jaar, Dames			
1. Janssens Soetkin	ZORO/21130/97	NT	4:47.71
50m: 1:08.69	150m: 2:22.17	250m: 350m:	350m: 4:47.71
100m: 1:08.69	200m: 2:22.17	300m: 400m:	400m: 4:47.71
2. Polleunis Daphné	STZC/21033/96	NT	4:58.53
50m: 1:09.75	150m: 2:25.56	250m: 350m:	350m: 4:58.53
100m: 1:09.75	200m: 2:25.56	300m: 400m:	400m: 4:58.53
30 - 34 jaar, Heren			
1. Claes Steven	ZCT/10164/91	4:21.39	4:19.74
50m: 30.06	150m: 1:34.75	32.20	250m: 2:41.03
100m: 1:02.55	200m: 2:07.38	32.63	300m: 3:14.67
30.06	32.20	33.65	350m: 3:48.15
32.49	32.63	33.64	400m: 4:19.74
32.49	32.63	33.64	31.59
2. Oprins Mike	KST/10049/93	5:11.93	5:13.00
50m: 34.34	150m: 1:51.42	39.00	250m: 350m:
100m: 1:12.42	200m: 2:30.40	38.98	300m: 400m:
34.34	39.00	38.98	350m: 5:13.00
38.08	38.98	38.98	400m: 5:13.00
30 - 34 jaar, Dames			
1. Van Daele Phedra	MEGA/21311/93	5:13.13	5:19.06
50m: 34.88	150m: 1:53.13	39.67	250m: 3:14.53
100m: 1:13.46	200m: 2:33.71	40.58	300m: 3:56.65
34.88	39.67	40.82	350m: 4:38.17
38.58	40.58	42.12	400m: 5:19.06
38.58	40.58	42.12	40.89
35 - 39 jaar, Heren			
1. Matté Steven	ZNA/10167/85	5:17.99	5:19.61
50m: 35.67	150m: 1:55.11	40.91	250m: 3:17.98
100m: 1:14.20	200m: 2:36.45	41.34	300m: 3:59.61
35.67	40.91	41.53	350m: 4:40.78
38.53	41.34	41.63	400m: 5:19.61
38.53	41.34	41.63	38.83
40 - 44 jaar, Dames			
1. Wanter Ann	ZGEEL/21082/82	4:57.17	4:53.71
50m: 33.16	150m: 1:47.55	37.49	250m: 3:02.24
100m: 1:10.06	200m: 2:24.92	37.37	300m: 3:39.70
33.16	37.49	37.32	350m: 4:17.40
36.90	37.37	37.46	400m: 4:53.71
36.90	37.37	37.46	36.31

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45 - 49 jaar, Heren

1. Vanderborcht Yannick	LAQUA/11100/75	5:17.90	5:03.00	
50m: 33.96 33.96	150m: 1:50.49 38.93	250m: 3:07.31 38.67	350m: 4:24.89 38.79	38.79
100m: 1:11.56 37.60	200m: 2:28.64 38.15	300m: 3:46.10 38.79	400m: 5:03.00 38.11	
2. Nieuwenhuis Sven	ZGEEL/11160/78	5:37.41	5:32.36	
50m: 35.12 35.12	150m: 1:55.56 41.34	250m: 3:21.52 43.49	350m: 4:49.81 44.19	44.19
100m: 1:14.22 39.10	200m: 2:38.03 42.47	300m: 4:05.62 44.10	400m: 5:32.36 42.55	42.55
3. Verboven Peter	ZIK/11010/79	6:02.66	6:04.44	
50m: 38.09 38.09	150m: 2:07.57 45.55	250m: 3:41.79 47.28	350m: 5:17.71 48.35	48.35
100m: 1:22.02 43.93	200m: 2:54.51 46.94	300m: 4:29.36 47.57	400m: 6:04.44 46.73	46.73

50 - 54 jaar, Heren

1. Nahon Bruno	CNSW/000390/70	5:05.95	5:08.41	
50m: 36.33 36.33	150m: 1:54.77 38.66	250m: 3:11.72 38.89	350m: 4:29.92 39.11	39.11
100m: 1:16.11 39.78	200m: 2:32.83 38.06	300m: 3:50.81 39.09	400m: 5:08.41 38.49	38.49

50 - 54 jaar, Dames

1. Plaisier Adriana	BRABO/21370/74	6:39.85	6:26.85	
50m: 42.84 42.84	150m: 2:19.12 49.45	250m: 3:58.58 49.38	350m: 5:39.32 50.67	50.67
100m: 1:29.67 46.83	200m: 3:09.20 50.08	300m: 4:48.65 50.07	400m: 6:26.85 47.53	47.53

55 - 59 jaar, Heren

1. Van Alphen Johnny	MZVA/11126/65	5:18.39	5:20.31	
50m: 33.92 33.92	150m: 1:52.95 40.39	250m: 3:17.06 42.69	350m: 4:40.19 41.68	41.68
100m: 1:12.56 38.64	200m: 2:34.37 41.42	300m: 3:58.51 41.45	400m: 5:20.31 40.12	40.12
2. Hufkens Benny	MOZKA/11076/69	6:02.28	5:42.62	
50m: 38.25 38.25	150m: 2:01.38 42.27	250m: 3:28.69 44.14	350m: 4:58.65 45.30	45.30
100m: 1:19.11 40.86	200m: 2:44.55 43.17	300m: 4:13.35 44.66	400m: 5:42.62 43.97	43.97
3. Heuninck Geert	SWEM/10107/66	6:11.55	6:05.88	
50m: 40.20 40.20	150m: 2:10.17 46.13	250m: 3:45.94 47.90	350m: 5:21.16 47.13	47.13
100m: 1:24.04 43.84	200m: 2:58.04 47.87	300m: 4:34.03 48.09	400m: 6:05.88 44.72	44.72

55 - 59 jaar, Dames

1. Van de Moortel Kristien	ShaRK/20315/69	6:29.52	6:34.79	
50m: 43.87 43.87	150m: 2:22.68 49.79	250m: 4:04.30 51.08	350m: 5:46.22 50.99	50.99
100m: 1:32.89 49.02	200m: 3:13.22 50.54	300m: 4:55.23 50.93	400m: 6:34.79 48.57	48.57
2. Symoens Nadia	SWEM/20112/68	10:47.56	11:15.20	
50m: 2:41.08	150m: 5:37.48	250m: 10:15.20	350m: 11:15.20	11:15.20
	200m: 5:37.48	300m: 11:15.20	400m: 11:15.20	

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60 - 64 jaar, Heren

1. Kop Adriaan				196101135	6:00.13	6:06.39					
50m:	40.00	40.00	150m:	2:10.48	46.49	250m:	3:47.05	49.07	350m:	5:23.23	47.41
100m:	1:23.99	43.99	200m:	2:57.98	47.50	300m:	4:35.82	48.77	400m:	6:06.39	43.16

60 - 64 jaar, Dames

1. D'Hondt Georgette				LZV/20035/60	8:30.85	8:49.45			
50m:			150m:			250m:		350m:	
100m:	2:01.90		200m:	4:17.63		300m:		400m:	8:49.45

65 - 69 jaar, Heren

1. Pantekoek André				195800321	7:36.61	7:02.62			
50m:			150m:			250m:		350m:	
100m:	1:36.44		200m:	3:27.05		300m:		400m:	7:02.62

65 - 69 jaar, Dames

1. Verhagen Patty				195900146	5:55.97	5:56.78					
50m:	41.50	41.50	150m:	2:09.17	44.10	250m:	3:38.53	44.90	350m:	5:11.25	46.63
100m:	1:25.07	43.57	200m:	2:53.63	44.46	300m:	4:24.62	46.09	400m:	5:56.78	45.53

75 - 79 jaar, Dames

1. Verhoeven Corrie				194600026	7:15.00	7:12.16					
50m:	45.49	45.49	150m:	2:32.16	55.51	250m:	4:25.79	57.16	350m:	6:18.85	55.61
100m:	1:36.65	51.16	200m:	3:28.63	56.47	300m:	5:23.24	57.45	400m:	7:12.16	53.31